

## General History Group 2026 programme at 27 Sept 2025 – part 2

**Mon 11 May 2026 from 2.30pm to 4pm – booking open**

**Life within a Medieval Castle – guest speaker Paul Harding Discover History**

Join Paul Harding as he talks about life within a castle. From how they helped with both attack and defence as well as how people lived within the walls. Find out more about the jobs and people involved in keeping a castle and its inhabitants safe.

Open to all u3a members £3 each pre booking required



**Friday 15 May 2026 – Day visit to Stokesay Castle 1 place now available £6.50**

Leaving Brintons Park at 10am to arrive at Stokesay at around 11am and leaving Stokesay at 4.15pm to return to Brintons Park.

**Mon 8 June 2026 – Day visit to Ludlow Castle** being explored quoted being sought



Leaving Brintons Park at 10am to arrive at Ludlow Castle at around 11am and leaving Ludlow at 4.15pm to return to Brintons Park. We are hoping for transport, entry and a possible guide



**Mon 13 July 2.15 to 4pm** Part 3 of the BBC 'Secrets of the Castle' with **Ruth Goodman, Tom Pinfold & Peter Ginn**. The team enter the surprisingly colourful world of medieval interior design. Peter and Tom render and limewash the inside walls of a guard tower, transforming its dark stone walls into a bright space. Ruth makes medieval paints which would have been used to decorate walls with ornate patterns. Most of the pigments are from ochre extracted from the earth - burning it creates darker tones. She decorates the castle bedchamber using designs based on those recently discovered at an 11th-century church nearby. A colour film followed by group discussion and refreshments. Open to all u3a members £3 each pre booking required

**Tuesday 14 to Tuesday 21 July 2026 - Lake Maggiore, Orta and the Matterhorn**

12 of 14 places booked already. Transport to Birmingham Airport, flights and transfers from the airport in Italy, 7 nights based in Stresa on Lake Maggiore in a 4\* plus hotel, half board, tour manager and guided visits. **One twin room left at 08.11.25 at £1,979**

**pp** plus £53 each for transport to Birmingham Airport and back and group expenses while away. Contact Caroline O'Callaghan on [caroline.ocallaghan66@gmail.com](mailto:caroline.ocallaghan66@gmail.com)

